

Speaker Series

presented by



Delphi

Young Adults

Thursday, March 22, 2018 from 7-8:30pm
Top Secret Mission! Simplifying social skills through books, activities and lessons

Courtney Bouterac

Using characters to teach common social skills challenges for kids with Autism, ADHD, and other related disorders.

Join author and special education teacher, Courtney Bouterac, as she talks about how to use her new social skills books and curriculum, "The A-team Presents!" This series helps teachers and parents proactively develop social skills as well as deal with a range of common social challenges.

Visit her website for more information about the books and curriculum at www.sociallearning.org.



ABOUT COURTNEY BOUTERAC

Courtney Bouterac has worked with children and adults with disabilities for 25 years as a special education teacher, behavior therapist, camp counselor and parent. Her specialty is working with school age students, K-5, with significant social or behavioral challenges, particularly students with Autism and/or ADHD. She is also a member of the Seattle School District's behavior and autism intervention team (BAIT) and works with teachers across the district to improve their services for students with social and behavioral needs.

RSVP NOW

All events take place at Ryther:
2400 NE 95th St, Seattle, WA 98115

About Aspiring Youth & Delphi Young Adults

By creating trust and connection, we help our participants ages 8 and up as they navigate their social world. Some of our students are shy, some are quirky and some are twice exceptional. Many have a diagnosis of autism, ADHD, learning disabilities or similar traits.

Seattle ● Bellevue ● Redmond

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206.517.0241

Thursday, April 5, 2018 from 7-8:30pm
Navigating the Road to Work with Lisa Fox Latchford

We all ponder the question, what are we going to be when we grow up? The truth is this question may bring up a lot of anxiety and fear. Having a plan is the road map for success. We will talk about the benefits of having a person-centered plan on our journey toward employment and what supports and resources are available to assist us along the way. Come join the conversation as we navigate steps toward Work.

ABOUT LISA FOX LATCHFORD

Lisa teaches at the Highline Community College certification program for employment specialists and has over 25 years of experience working with individuals with disabilities. She offers technical assistance consulting services on innovative supported employment strategies. She is passionate about supporting students, families and employment professionals with raising the bar for great employment achievements. In addition, she has supported students with developing a person-centered plan for work and life. Lisa is currently the president of Fox and Associates and Board President of the Washington State Community Employment Alliance.

Thursday, April 19, 2018 from 7-8:30pm
Building Resilience through Whole-Brained, Wholehearted Parent-Child Relationships with Tiffany Sudela-Junker

When we hear the word 'trauma', we often think of abuse, neglect, catastrophic injury or loss. The reality is that our lives are full of more subtle traumas and it's important to realize, especially early adverse experiences impact a child's sense of safety and their ability to navigate the world around them. Building and maintaining relationships with family and peers, individual brain-development, self-regulation skills and executive function are all impacted by adverse experiences in childhood.

ABOUT TIFFANY SUDELA-JUNKER

Tiffany Sudela-Junker is mother by adoption to two children with vastly different trauma-based special needs. Her award winning documentary, "My Name Is Faith" captures the Junker's early journey, coming to terms with the impact their daughter's difficult beginning would have on them all.

Selected as a 2017 Angels in Adoption Award recipient by Senator Patty Murray (WA), Tif is a board member and the Parenting Program Director for the Attachment & Trauma Network. Tif is also on the Leadership Committee for Kitsap Strong.

Thursday, May 3, 2018 from 7-8:30pm
Helping Your Kiddo with Homework, Argggghh! - Strategies, Ideas, and Venting with Kathy Sarin and Megan Reimann

Join us for an engaging conversation on homework survival strategies. We'll consider topics like:

- Who is responsible, you or them?
- How to increase work production and performance
- Unpacking procrastination and hitting the GO button
- Out of the trenches - lessons learned from raising our own ADHD children

ABOUT KATHY SARIN & MEGAN REIMANN

Kathy Sarin of NW Assessment and Advocacy has been working with students with disabilities for 29 years. She holds an Educational Specialist degree in School Psychology, a Master's degree in School Counseling, and a Certification in School Administration.

Megan Reimann, of the Hallowell Todaro ADHD Center, has been an educator for over 20 years and holds a BA in General Education, a Masters in Special Education and earned her National Board Certification in 2008.

Thursday, May 17, 2018 from 7-8:30pm
Employment vs. Post-Secondary Education: Which Path Should I Choose? with Dr. Gary Stobbe

For teens and adults with ASD, choosing the path after high school ends can be daunting. Success in the university setting and success in the workplace has been challenging for many adults with ASD. This lecture will focus on factors that might help in making this decision, and ideas to increase success regardless of which path is chosen.

ABOUT DR. GARY STOBBE

Dr. Stobbe is a Board Certified Neurologist sub-specializing in the field of cognitive and behavioral neurology. Dr. Stobbe joined the University of Washington School of Medicine faculty in 2008 and is Clinical Associate Professor of both Psychiatry and Neurology, specializing in autism spectrum disorders, multiple sclerosis, and traumatic brain injury. In 2009, Dr. Stobbe helped establish the Seattle Children's Autism Center, and currently serves as Director of Adolescent and Adult Services.