

## **Health and Safety Agreement**

If any of the following is true for a participant in the past 72 hours (and are not caused by another condition), they must stay home:

- They have any of the following symptoms:
  - Fever of 100.4 degrees F or greater
  - Cough
  - Shortness of breath or difficulty breathing
  - Sore throat
  - Chills
  - New loss of taste or smell
  - Chills
  - Muscle or body aches
  - Nausea/vomiting/diarrhea
  - Congestion or running nose not related to seasonal allergies
  - Unusual fatigue
- They are not fully vaccinated and have been in close contact with anyone with COVID-19 in the past 14 days. Close contact is being within 6 feet for 15 minutes or more over a 24-hour period with a person; or having direct contact with fluids from a person with COVID-19 with or without wearing a mask (i.e., being coughed or sneezed on).
- They have had a positive COVID-19 test for active virus in the past 10 days or are awaiting results of a COVID-19 test.
- They have been told within the past 14 days by a public health or medical professional to self monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection.
- They have taken medication to reduce fever prior to coming to the program.

## **Illness During The Program**

If a participant presents with any of the above symptoms, a caregiver may be contacted to come pick them up and they will wait in a separate area from other participants. In the case where a participant becomes ill or presents a fever during the program, we will notify all parents in that program without releasing any information about the person's identity. We also reserve the right to discontinue the

group of the sick participant until our Medical Director has assessed it is safe to continue.

Please notify [info@aspiringyouth.net](mailto:info@aspiringyouth.net) if your child will be missing the program for any reason.

### **Returning to the Program after Illness**

In some cases, we will require the caregiver to consult a doctor and provide a written doctor's note indicating that it is safe for the participant to return OR documentation of a negative COVID-19 test. We will consult with our Medical Director to confirm when it is safe to return to the program.

### **Mask Policy**

All programs on Ryther's campus must follow the masking guidelines for healthcare settings, as Ryther is a community behavioral health facility. At this time, all staff and participants must wear a mask, and any updates to this policy can be found at <https://www.ryther.org/covid-19-updates>.

Programs running at community locations will follow the masking guidelines of those locations for participants. The mask policy for a group can be found in the group description. After you register, an updated policy for your child's group location will be included in your welcome email.

### **Health and Safety Agreement**

By having your child attend an Aspiring Youth program, you are agreeing to abide by our Health and Safety requirements as laid out in this document.